



Women-only preparedness training, gun training, gun sales.
Cookin' with one hand, shootin' with the other!

Course Descriptions and Pricing

Gun Courses				
Course Name	About	Duration	Prerequisite(s)	Cost
Beginning Handgun	<p>This course is for those new to handling and shooting a handgun, and for those just needing a refresher for the basics.</p> <p>This course will teach basic marksmanship skills and will cover aspects of operating a handgun. It will also include safe gun handling skills, safety with weapons, legal issues, nomenclature, and maintenance of your handgun.</p> <p>Range work for this class will cover such topics as:</p> <ul style="list-style-type: none"> • Grip • Stance • Sight alignment • Trigger control • Follow thru • Target identification <p>Students supply their own ammunition. (100 rounds).</p> <p>What to bring to class:</p> <ul style="list-style-type: none"> • Safe, serviceable, clean pistol or revolver (if you have one) .380 caliber MINIMUM • 2 magazines • 100 rounds of ammunition 	1.5 days	None	<p>Tuition: \$125</p> <p>Range Fee: \$25</p> <p>Pistol and holster rental (if needed): \$25 class</p>

Office Phone: 970.325.9923 ● Cellular: 608.692.7815

survivalchicks@yahoo.com ● www.survival4chicks.com ● twitter.com/survival4chicks

Mailing: PO Box 779 ● **Physical:** 1919 Elkhorn Drive ● Ouray ● CO ● 81427

Range: Chief Ouray Gun Club, located at 21438 Hwy 550 Ridgway, CO 81432



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	<ul style="list-style-type: none"> • Eye protection • Ear protection • Empty 3-ring binder • Notebook • Pen • Hip style holster (if you have one) • Belt adequate to hold holster • Magazines for your pistol or revolver • Concealed carry purse (if you have one) • Handgun cleaning kit • Sack lunch 			
Defensive Handgun	<p>This course gives the student solid training in the defensive use of the handgun. Our classes are geared towards teaching practical, reality based firearm techniques. In this 16 hour course the student will be instructed in:</p> <ul style="list-style-type: none"> • New firing positions; including movement, and barricades • Cover tactics and mental training skills to improve your odds of survival on the street. • How to achieve effective control of the handgun during high stress shooting situations to help cut down on misses and poor hits • The secrets of effective trigger control to ensure that the hits are proper and centerline 	2 days	Basic Pistol or Concealed Handgun Class	<p>Tuition: \$210</p> <p>Range Fee: \$25</p> <p>Pistol Rental if needed: \$25 for class</p>

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	<ul style="list-style-type: none"> • Reactive shooting skills to enable the student to respond to sudden, deadly force situations • New visual skills and sighting techniques that work under high stress conditions • Multiple target engagement • One handed shooting • Alternate shooting positions • Low light shooting techniques <p>What to bring to class:</p> <ul style="list-style-type: none"> • Safe, serviceable, clean pistol or revolver (if you have one) .380 caliber MINIMUM • 2 magazines • 200 rounds of ammunition • Eye protection • Ear protection • Empty 3-ring binder • Notebook • Pen • Hip style holster (if you have one) • Belt adequate to hold holster • Magazines for your pistol or revolver • Concealed carry purse (if you have one) • Handgun cleaning kit • Sack lunch 			
Personal Defense	This class exposes students to several schools of thought	1 day	Basic Pistol or Concealed	Tuition: Tuition: \$125

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<p>Inside the Home</p>	<p>regarding defensive shooting techniques. It is much more than just a routine shooting course. The NRA Basic Personal Protection series is based on the building block approach, moving from the simple to the complex. The first course in this series is the Basic Pistol (CHP) Course, listed above. This is the second step. It builds on the skills learned in the Basic Pistol Course. The third step in the series is the new NRA "Personal Protection Outside the Home" Course.</p> <p>There is no range time with this class.</p> <p>What to bring to class:</p> <ul style="list-style-type: none"> • Pistol or revolver (if you have one) .380 caliber MINIMUM • Empty 3-ring binder • Notebook • Pen • Eye protection • Ear protection • Handgun cleaning kit • Hip style holster (if you have one) • Belt adequate to hold holster • Magazines for your pistol or revolver • Concealed carry purse (if you have one) • Sack lunch 		<p>Handgun Class</p>	<p>Range Fee: \$25</p> <p>Pistol Rental (if needed): \$25 for class</p>
<p>Personal Defense</p>	<p>14 hours of instruction. Special emphasis on carrying and drawing</p>	<p>2 days</p>	<p>Completion of the "Personal</p>	<p>Tuition: \$210</p>

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Outside the Home	from holster Purse Students supply their own ammunition. (500 rounds). What to bring to class: <ul style="list-style-type: none"> • Pistol or revolver (if you have one) .380 caliber MINIMUM • 500 rounds of ammunition • Empty 3-ring binder • Notebook • Pen • Hip style holster (if you have one) • Belt adequate to hold holster • Magazines for your pistol or revolver • Concealed carry purse (if you have one) • Handgun cleaning kit 		Protection in the Home"	Range Fee: \$25 Pistol Rental (if needed): \$25 for class
Individual Firearms Instruction	What you need to learn, when you need to learn it. Call 608.692.7815 to discuss with instructor.	You set the duration	None	\$50 per hour. Minimum 4 hours Range Fee: \$25 Pistol Rental (if needed): \$25 for class
Concealed Handgun Permit	In these troubled times the knowledge of personal defense skills may be lifesaving. It is a fact that the police are unable to protect all of the people all of the time. Because of this the burden of protecting your family or yourself, may possibly be dependant on your self-defense skills. Although	2 days	None	Tuition: \$210 Range Fee: \$25 Pistol Rental (if needed): \$25 for class

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<p>without a working knowledge of weapon operation and safety, an armed person may be more dangerous to his/her family or himself/herself than the threat he is protecting against. Whether a novice or have trained somewhere else, this course will take you through step-by-step designed drills to enhance your skills.</p> <p>In this course the student will be instructed in:</p> <ul style="list-style-type: none"> • Legal aspects of self defense • Firearms safety • Weapon selection • How the handgun works • Maintenance • Fundamentals of marksmanship • Loading / Unloading • Tactical reload vs. emergency reload • Presentation from the holster • Immediate action drills <p>16+ hours of instruction. Meets or exceeds training requirements for Colorado Concealed Carry Permits.</p> <p>Students supply their own ammunition. (100 rounds).</p> <p>What to bring to class:</p> <ul style="list-style-type: none"> • Safe, serviceable, clean pistol or revolver (if you have one) .380 caliber MINIMUM • 150 rounds of ammunition 			
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	<ul style="list-style-type: none"> • Eye protection • Ear protection • 2 magazines • Empty 3-ring binder • Notebook • Pen • Hip style holster (if you have one) • Belt adequate to hold holster • Magazines for your pistol or revolver • Concealed carry purse (if you have one) • Concealment jacket or shirt • Handgun cleaning kit • Sack lunch 			
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Non-Gun Courses

<p>Basic Wilderness Survival</p>	<p>Many folks believe that the actions of our government will in one way or another cause us to have to live "rough" or live in the wilderness for some amount of time.</p> <p>Or perhaps you're an aspiring hiker and need to know how to survive in the wilderness if you're stuck, lost, or injured.</p> <p>This class will give you real life instruction on just those topics – whatever your reason for wanting the skills.</p> <p>For this class, we spend Friday night, all day Saturday, and Sunday morning out in the wilderness demonstrating these skills. You participate hands on, 100% in a</p>	<p>2.5 days (2:00pm on Friday to 11:00am Sunday)</p>	<p>None</p>	<p>Tuition: \$225</p> <p>Pack cost (if needed): \$225</p>
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<p>survival scenario in a safe, supervised environment. This class is about making do with what you have and compensating for what you don't have – all while having fun! Please note that we will be sleeping on the ground and roughing it for this class.</p> <p>Since hunting wild game would be illegal without the proper permits, we will only demonstrate techniques for doing so. Meals will be provided by Survival4Chicks.</p> <p>What to bring to class:</p> <ul style="list-style-type: none"> • Empty 3-ring binder • Notebook • Pen • Hiking boots • Backpack and items listed below (or purchase from Survival4Chicks) • Personal medications • Pistol or revolver and appropriate ammunition ONLY if you have been through one of our gun courses. • Cell phone <p>The following items are required for this class. You may bring each item yourself or purchase them as a package from Survival4Chicks. If you prefer to purchase as a package, we need 2 week's notice to allow shipping time. Your pack will be delivered to you upon your</p>			
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	<p>arrival at class:</p> <ul style="list-style-type: none"> • Sturdy backpack • Flint • Waterproof matches • Flashlight • Whistle • Thermal (emergency) blanket • Rain poncho • Compass • Multi tool • Small first aid kit • Snake bite kit • Mess kit including fork/knife/spoon • Water purification tablets or chlorine bleach (1/2 cup) (no scents or other ingredients added) • Travel toothbrush • Travel toothpaste • Extra socks • Meal of last resort (your choice – needs to be light weight and require no cooking to eat it). Must be nutritious – NO junk food. • Small tube of hand sanitizer • Water bottle • 2 travel size packets tissues • Small notebook • Pencil • 2 – 1 qt zip lock bags • 100 foot nylon cord • 2 paper clips <p>Layer your clothing (t-shirt, long-</p>			
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	<p>sleeved shirt, sweatshirt, jacket, thermal underwear, warm socks, hiking boots). Don't forget a hat, gloves, and sunglasses.</p> <p>Forbidden items:</p> <ul style="list-style-type: none">• Make up• Curling irons, hair dryers or other vanity items• Junk food• Luxury items• Sleeping bags• Tents• Pets• Children under the age of 14 (<u>female</u> children over 14 are welcome but a separate tuition fee must be paid for each).• Husbands/boyfriends			
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